Webinar, Tuesday 5th October 2021,

09.00-14.00

09.00

Working with Children and Young People who have Complex Difficulties

Children and young people with neuro-diverse conditions - complex emotional, social and behavioural difficulties need skilled, informed, effective and consistent support. This can be challenging and stressful for the educators who work with them. This new one-day workshop, which links theory to relevant, down-to-earth practice, will be of great benefit to anyone who works with children and young people in any educational setting, and will be of particular relevance for those working in alternative or special provision.

Attendees will explore:

* A brief overview of ‘complex difficulties’
* Attachment-led, trauma-informed neurodevelopmental approaches
  + The Neurosequential Model (Dr Bruce Perry)
  + Polyvagal Theory (Dr Stephen Porges)
* A Bottom-Up approach
* Cognitive difficulties and cognitive strategies
* General strategies to support anxious children and young people in the classroom

The workshop will focus particularly on those who have experienced developmental trauma, those who have Autistic Spectrum Conditions, including Pathological Demand Avoidance and those who have Foetal Alcohol Spectrum Disorders, and there will be an overview of these. There are a striking number of similarities in the behaviour and internal mechanisms of people in all four populations, and this can result in serious misdiagnosis. The aim of the webinar is not to focus upon the issue of misdiagnosis, but to develop practitioner understanding of attachment-led, trauma-informed neurodevelopmental approaches, explore common neurobehavioral challenges, and to describe some practical intervention strategies based on research, theory and practice.

**About the trainer**

Dr Jennifer Nock is an Educator and Chartered Psychologist, with many years of experience working with children and young people, their families and educators. She is passionate about supporting educators and parents to better understand mental health, behaviour and relationships, and to view children and young people through a developmental lens.

For additional information, and testimonials from our clients please visit our website: <http://www.jennifernocktrainingandconsultancy.com/>

**NUMBER OF ATTENdees IS LIMITED TO TWENTY AND We anticipate high levels of interest. Please book early to secure your place**

**Date: 5th October 2021 09.00-14.00**

**Venue**: **WEBINAR [on ZOOM]**

**Fee: £90 + VAT per person registered**

**To reserve your place and request an invoice please contact us at:** **jennifernock@protonmail.com**

**and complete and send the booking form below.**

**NB: It is most important that you include both the contact email details of the attendee AND those of the person in your organisation who processes payment of invoices.**

**Application form WEBINAR Working with Children and Young People who have Complex Difficulties**

**Tuesday 5th October 2021 09.00-14.00**

**Please complete in block capitals**

**NB: YOU CAN CANCEL your ATttendance on the WEBINAR but you must GIVE US FIVE WORKINGS DAYs’ NOTICE OF CANCELLATION, oTHERWISE YOU BE CHARGED THE WEBINAR FEE**

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| **Name of ATTENDEE:** | **School/organisation name and FULL address:** |
| **Role IN SCHOOL:** | **Contact email address of attendee:**  **Mobile:** |
| **Date: Tuesday 5th October 2021, 09.00-14.00**  **Fee: £90 +VAT (£108) for each Attendee** | |
| **PAYMent Details:**  **Please supply the name and contact details of the person who will process payment of invoice:**  **BACS payments are our preferred method (details will be furnished on the Invoice) but we are happy to receive cheques made payable to ‘Jennifer Nock Training and Consultancy’** | |