**Protecting Mental Health in Schools**

**Webinar:**

**Monday 17th June 2024**

**09.00-14.00**



According to a recent report in *The Guardian* (27th June 2023), A record 1.4 million children and young people sought NHS help for mental health problems last year, amid concern that under-18s are struggling with issues including about money and their education. The number of school-age children being referred to child and adolescent mental health services (CAMHS) has undergone an “explosion” in the last three years, soaring by 76% since 2019, NHS figures show. That year 812,070 under-18s in England were referred to CAMHS for treatment of anxiety, depression, eating disorders and other psychological problems. But far more – 1,425,194, the highest number on record – were referred during 2022. That was the second year in a row in which referrals topped 1m, amid the continuing impact of Covid on young people’s wellbeing.

In this webinar, delegates will explore the following topics and themes:

* Mental health in children and adults
* Trauma and mental health
* Anxiety in children and young people
* Vulnerable populations
* Key strategies
* Emotionally based school avoidance (EBSA)
* Discussion of a few more protective buffers

**The webinar is suitable for practitioners from all phases and in mainstream or special settings**

**About the trainer**

Dr Jennifer Nock is an Educator and Chartered Psychologist, with many years of experience working with children and young people, their families and educators. She is passionate about supporting educators and parents to better understand mental health, behaviour and relationships, and to view children and young people through a developmental lens.

For additional information, and testimonials from our clients please visit our website: <http://www.jennifernocktrainingandconsultancy.com/>

**NUMBER OF AttendeeS IS LIMITED TO TWENTY AND We anticipate high levels of interest. Please book early to secure your place**

**Date: Monday 17th June 2024, 09.00-14.00**

**Venue** **WEBINAR [on ZOOM]**

**Fee: £90 + VAT per person registered**

**To reserve your place and request an invoice please contact us at: jennifernock@protonmail.com**

**and complete and send the booking form below.**

**NB: It is most important that you include both the contact email details of the attendee AND those of the person in your organisation who processes payment of invoices.**

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| **Name of ATTENDEE:** | **School/organisation name and FULL address:** |
| **Role IN SCHOOL:** | **Contact e-mail of attendee:**  **Mobile for contact on the day if needed:** |
| **Date: Monday 17th June 2024, 09.00-14.00**  **Fee: £90 +VAT (£108) for each Attendee** | |
| **PAYMent Details:**  **Please supply the name and email contact details of the person who will process payment of invoice:**  **BACS payments are our preferred method (details will be furnished on the Invoice) but we also accept cheques made payable to ‘Jennifer Nock Training and Consultancy’**  **You can also Pay by PayPal, but there is a small commission charge for this.** | |