Webinar Wednesday 19th October 09.00-14.00

**Developing Emotional Regulation in Children and Young People who have Experienced Trauma**

****

**Here is an overview of the course material themes:**

* **Developmental Trauma**
* **The Window of Stress Tolerance**
* **Dissociation**
* **Lower brain regulation strategies**
* **Cortical brain regulation strategies**
* **Supporting Children and Young People to be Authentic**
* **Triggers**

**About the trainer**

Dr Jennifer Nock is an Educator and Chartered Psychologist, with many years of experience working with children and young people, their families and educators. She is passionate about supporting educators and parents to better understand mental health, behaviour and relationships, and to view children and young people through a developmental lens.

For additional information, and testimonials from our clients please visit our website: <http://www.jennifernocktrainingandconsultancy.com/>

**We anticipate high levels of interest. Please book early to secure your place**

**Date: Wednesday 19th October 2022, 09.00-14.00**

**Venue**: **WEBINAR [on ZOOM]**

**Fee: £90 + VAT per person registered**

**To reserve your place and request an invoice please contact us at: jennifernock@protonmail.com**

**and complete and send the booking form below.**

**NB: It is most important that you include both the contact email details of the attendee AND those of the person in your organisation who processes payment of invoices.**

**Application form, ‘Developing Emotional Regulation’ WEBINAR**

**Wednesday 19th October 2022, 09.00-14.00**

**Please complete in block capitals**

|  |  |
| --- | --- |
| **Name of delegate:** | **School/organisation name and FULL address:** |
| **Role IN SCHOOL:** | **Contact email address of attendee:**  **Mobile for contact on the day if needed:** |
| **Date: Wednesday 19th October 2022, 09.00-14.00**  **Fee: £90 +VAT (£108) for each Attendee** | |
| **PAYMent Details:**  **Please supply the name and contact details of the person who will process payment of invoice:**  **BACS payments are our preferred method (details will be furnished on the Invoice) but we are happy to receive cheques made payable to ‘Jennifer Nock Training and Consultancy’** | |