Webinar



Attachment Styles 2020- Implications for Relationships and Learning in School

Tuesday 1st December 2020

Basic training in attachment and the impact of trauma is essential for educators, and knowledge and understanding of attachment styles provides a context for educators to make sense of and understand the emotional, social and cognitive difficulties that often emerge in children and young people who have attachment problems and insecure attachment styles. It is important to recognise that children can develop four styles of attachment in their family unit:

* **Secure attachment** is defined by distress when separated from a parent, and joy when reunited. These children feel secure with their family, and while distress may be apparent at separation, they are confident that the carer will return.
* **Ambivalent attachment**also manifests as distress on separation, but with this style the child does not feel they can depend on their family to support them.
* **Avoidant attachment** can be observed in children who show no real preference for a carer over a complete stranger. It can be indicative of neglectful or abusive family relationships.
* **Disorganised attachment** refers to children who have what might seem an unpredictable “love-hate” relationship with their carers. In this group, parents or carers may be a source of both fear and comfort for a child.

Children who are able to develop secure attachments represent only approximately 56 per cent of the population, so knowledge of attachment styles is relevant in evert classroom in every school in every town. When educators know a child's attachment style, then they can use the correct strategies to support them.

This workshop will explore attachment theory and will describe some practical intervention strategies based on research, theory and practice. Building trust and secure relationships in school will be a key focus, reflecting on how schools can be the ‘brick parent’ and how individual educators can provide a secure base for those children and young people who have not been able, for whatever reason, to build secure relationships at home.

 **About the trainer**

Dr Jennifer Nock is an Educator and Chartered Psychologist, with many years of experience working with children and young people, their families and educators. She is passionate about supporting educators and parents to better understand mental health, behaviour and relationships, and to view children and young people through a developmental lens.

For additional information, and testimonials from our clients please visit our website: <http://www.jennifernocktrainingandconsultancy.com/>

**NUMBER OF ATTENdees IS LIMITED TO TWENTY AND We anticipate high levels of interest. Please book early to secure your place**

**Date: Tuesday 1st December, 2020 10.00-15.00**

**Venue**: **WEBINAR [on ZOOM]**

**Fee: £90 + VAT per person registered**

**To reserve your place and request an invoice please contact us at:** **jennifernock@protonmail.com**

**and complete and send the booking form below.**

**NB: It is most important that you include both the contact email details of the attendee AND those of the person in your organisation who processes payment of invoices.**

**Application form WEBINAR Attachment Styles 2020**

 **Tuesday 1st December 2020**

 **Please complete in block capitals**

**NB: YOU CAN CANCEL your ATttendance on the WEBINAR but you must GIVE US FIVE WORKINGS DAYs’ NOTICE OF CANCELLATION, oTHERWISE YOU BE CHARGED THE WEBINAR FEE**

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| **Name of ATTENDEE:** | **School/organisation name and FULL address:** |
| **Role IN SCHOOL:**  | **Contact email address of attendee:****Mobile:**  |
| **Date: Tuesday 1st December 2020, 10.00-15.00****Fee: £90 +VAT (£108) for each Attendee** |
| **PAYMent Details:****Please supply the name and contact details of the person who will process payment of invoice:****BACS payments are our preferred method (details will be furnished on the Invoice) but we are happy to receive cheques made payable to ‘Jennifer Nock Training and Consultancy’** |